



30001

**English Muffin, Plain, Clean,
Forksplitted, 12/6 Packs, 72/2 oz
Burry**



GTIN	Item #	Units/Case	Gross Case Wt. (lbs)	Net Case Wt. (lbs)	Case Length (in.)	Case Width (in.)	Case Height (in.)	Case Cube	Pallet Ti/Hi	Cases/ Pallet
10823056300019			11.00	10.00	15.5	11.25	8.25			
UPC	30001	72	Gross Unit Wt. (oz)	Net Unit Wt. (oz)	Unit Length (in.)	Unit Width (in.)	Unit Height (in.)	0.74	10 x 9	90
N/A			2.00	N/A	3.50	3.50	1.00			

Kosher Symbol: K of K
Ambient Shelf Life: 6
(days in package)
Frozen Shelf Life: 15
(months)
Storage: Frozen at 0 to -10 F
Case Code Designation: Julian
Unit Code Designation: N/A
Country of Origin: USA

Ingredient Statement

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, DEGERMINATED YELLOW CORN MEAL, DEGERMINATED YELLOW CORN FLOUR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SUGAR, CULTURED WHEAT FLOUR BLEND (WHEAT FLOUR, CULTURED WHEAT FLOUR), VINEGAR, SALT, SOYBEAN OIL, ASCORBIC ACID (DOUGH CONDITIONER), FUMARIC ACID, WHEAT FLOUR, HYDROGENATED SOYBEAN OIL, CORN STARCH, ENZYMES.
CONTAINS: Wheat.
FACILITY STATEMENT: Processed In A Facility That Also Processes Soy.

Product Features: Clean Ingredient Label, Forksplitted, No HFCS, Nut Free, Low Fat, 0g Trans Fat, Cholesterol Free, Excellent Source of Folate, Good Source of Iron, Niacin, Riboflavin, Thiamin.
Preparation Instructions: Thaw and Serve.
oz Equivalents: 2
(based on baked wt.)
Grams of Whole Grain: N/A

Date: 09/19/2025

Nutrition Facts	
6 servings per container	
Serving size	1 Muffin (57g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 29g	10%
Dietary Fiber 1g	4%
Total Sugars less than 1g	
Includes less than 1g Added Sugars	1%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.6mg	8%
Potassium 60mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Quality Bakeries LLC, dba Burry Foods
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 Schaumburg, IL 60173

(800) 774-4406 • www.BurryFoods.com



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100g Analysis

per 100g

Calories (kcal)	246
Total Fat (g)	1.75
Saturated Fat (g)	0
Trans Fat (g)	0.
Polyunsaturated Fat (g)	0
Monounsaturated Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	298
Total Carbohydrate (g)	50.9
Dietary Fiber (g)	1.75
Sugars (g)	1.61
Added Sugars (g)	1.29
Protein (g)	7.0
Vitamin D (mcg)	0
Calcium (mg)	88
Iron (mg)	2.86
Potassium (mg)	105

Date: 09/22/2025

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